

★ STAAR ★

10 YEAR ANNIVERSARY

Symposium on Therapeutic Advances in Animal Rehabilitation

STUDENT REGISTRATION

April 26-28, 2019, Wyndham Hamilton Park Hotel & Conference Center, Florham Park, NJ

www.staarconference.com

908-963-2255

lizbSTAAR@gmail.com



OPPORTUNITIES FOR HUMAN PHYSICAL THERAPISTS, PHYSICAL THERAPY STUDENTS, AND VETERINARY MEDICINE STUDENTS

WORKSHOP OBSERVATION/AUDIT OPPORTUNITIES

- Observe and audit workshops in canine rehabilitation and physical therapy led by the leaders and pioneers in the field
- Observe treatments on live dogs - workshops are performed with live dogs to add and enhance practical skills and techniques
- While on break, explore the Exhibit Hall and learn about the tools, modalities, services, and products used in the canine rehabilitative environment
- Meet canine rehabilitation practitioners (PTs, veterinarians, and veterinary technicians) who are well-established and respected in the field and make valuable connections

ROUNDTABLE DISCUSSION

- Roundtable discussion is geared toward assisting human PTs in transitioning to working with canines in a veterinary physical therapy and rehabilitation setting (PT-only class)

Workshop observation/audit space is limited to 5 students per class and are available on a first-come, first-served basis. Roundtable Discussion Group is limited to 40 students. Workshop notes are available for an additional fee. Courses do not provide continuing education credits for students. Students are not permitted to handle live animals and are asked to observe only; questions/comments should be saved for class breaks. Not all STAAR workshops are available for this program so please refer to [this Registration Form only](#). Limit 2 workshop selections per student (does not include Roundtable Discussion).

MUST BE SIGNED AND SUBMITTED ALONG WITH REGISTRATION

- Workshop choices are on a first-come, first-served basis, and are honored when full payment is received and processed.
- You will receive a confirmation e-mail with course schedule once payment is made in full.
- Students will be required to sign a Release of Liability upon arrival and registration at STAAR.
- Dates, locations, instructors and/or costs are subject to change.
- Requests for refunds must be submitted via the **CANCELLATION POLICY AND REFUND REQUEST FORM** (*available online at www.staarconference.com*).
- STAAR refunds are not issued for late arrivals or absenteeism and are non-transferable.

I have read, understood, and agree to the Student Responsibilities.

Print your Name

Your Signature

Date

Please complete the **Worksheet** and **Billing Information** below

Place an "X" in the boxe(s) below to indicate your choice(s).

SYMPOSIUM WORKSHOP LABS WORKSHEET

FRIDAY, APRIL 26

1/2 DAY MORNING WORKSHOP

TITLE: Keeping Geriatric Patients Mobile and Pain Free: Home Care and Pain Management
INSTRUCTOR: Carmella C. Nugent Britt, DVM, CCRT
TIME: 8:30am – 12:45pm \$120 \$150 (with course notes)

1/2 DAY WORKSHOPS

TITLE: Mulligan Principles and Applications for Mobilization of the Canine Spine
INSTRUCTOR: Debbie (Gross) Torraca, DPT, MSPT, Dip ABPTS, CCRP
TIME: 2:15pm – 6:30pm (*workshop repeated Saturday AM*)
 \$120 \$150 (with course notes)

AFTERNOON CHOICES

TITLE: Objective and Subjective Gait Analysis: Improve Your Clinical Skills, Research Capacity, and Profitability
INSTRUCTOR: Jennifer Repac, DVM, CVA, CCRT
TIME: 2:15pm – 6:30pm
 \$120 \$150 (with course notes)

TITLE: Cross-Training and Rehabilitation for the High-Performance Athlete
INSTRUCTOR: Ria Acciani, MPT, CCRP
TIME: 2:15pm – 6:30pm (*workshop repeated Saturday AM*)
 \$120 \$150 (with course notes)

SATURDAY, APRIL 27

1/2 DAY WORKSHOPS

TITLE: Cross-Training and Rehabilitation for the High-Performance Athlete
INSTRUCTOR: Ria Acciani, MPT, CCRP
TIME: 8:30am – 12:45pm (*workshop repeated Friday PM*)
 \$120 \$150 (with course notes)

MORNING CHOICES

TITLE: Tap Into Your Patient's Potential with Kinesiotaping
INSTRUCTOR: Amie Lamoreaux Hesbach, PT, DPT, CCRP, CCRT
TIME: 8:30am – 12:45pm
 \$120 \$150 (with course notes)

TITLE: Mulligan Principles and Applications for Mobilization of the Canine Spine
INSTRUCTOR: Debbie (Gross) Torraca, DPT, MSPT, Dip ABPTS, CCRP
TIME: 8:30am – 12:45pm (*workshop repeated Friday PM*)
 \$120 \$150 (with course notes)

SATURDAY, APRIL 27 - continued

2-HOUR WORKSHOPS MORNING CHOICES	TITLE: Senior Dogs – Common Issues and the Use of Laser on Acupuncture Points INSTRUCTOR: Carrie Smith, BScPT, CCRT, CAFCI TIME: 8:30am – 10:30am (<i>workshop repeated Saturday PM</i>) <input type="checkbox"/> \$60 <input type="checkbox"/> \$90 (with course notes)
	TITLE: Creating a Senior Dog Mobility and Exercise Program for Your Clinic and Your Clients INSTRUCTOR: Carrie Smith, BScPT, CCRT, CAFCI TIME: 10:45am – 12:45pm (<i>workshop repeated Saturday PM</i>) <input type="checkbox"/> \$60 <input type="checkbox"/> \$90 (with course notes)

½ DAY WORKSHOPS AFTERNOON CHOICES	TITLE: Introduction to Craniosacral Therapy INSTRUCTOR: Laurie Edge-Hughes, BScPT, MAnimSt (Animal Physio), CAFCI, CCRT TIME: 2:15pm – 6:30pm <input type="checkbox"/> \$120 <input type="checkbox"/> \$150 (with course notes)
	TITLE: The “Core” of Therapeutic Exercise for Alignment, Balance, and Control INSTRUCTOR: Amie Lamoreaux Hesbach, PT, DPT, CCRP, CCRT TIME: 2:15pm – 6:30pm <input type="checkbox"/> \$120 <input type="checkbox"/> \$150 (with course notes)

2-HOUR WORKSHOPS AFTERNOON CHOICES	TITLE: Creating a Senior Dog Mobility and Exercise Program for Your Clinic and Your Clients INSTRUCTOR: Carrie Smith, BScPT, CCRT, CAFCI TIME: 2:15pm – 4:15pm (<i>workshop repeated Saturday AM</i>) <input type="checkbox"/> \$60 <input type="checkbox"/> \$90 (with course notes)
	TITLE: Senior Dogs – Common Issues and the Use of Laser on Acupuncture Points INSTRUCTOR: Carrie Smith, BScPT, CCRT, CAFCI TIME: 4:30pm – 6:30pm (<i>workshop repeated Saturday AM</i>) <input type="checkbox"/> \$60 <input type="checkbox"/> \$90 (with course notes)

SYMPOSIUM ROUNDTABLE DISCUSSION GROUPS WORKSHEET

SUNDAY, APRIL 28

ROUND TABLE	TITLE: Transitioning from Humans to Canines TIME: 9:00am – 12:00pm INSTRUCTOR: Francisco Maia, PT, DPT, CCRT COURSE RATING: open to Physical Therapists and Physical Therapy Students only MAX PARTICIPANTS: 40 <input type="checkbox"/> \$94
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END NOON

STUDENT RESPONSIBILITIES & BILLING

Cancellation Policy and Refund Request

To request a refund, the Cancellation Form (available on our website at: www.staarconference.com/cancellation) must be completed and postmarked by March 15, 2019. Refunds are issued as below excluding \$50 processing fee.

Cancellation refund is issued as follows:

- 1) Prior to February 1, 2019 (75% refund).
- 2) From February 1, 2019 to February 20, 2019 (50% refund).
- 3) From February 21, 2019 to March 15, 2019 (25% refund).
- 4) **No refunds** will be issued after **March 15, 2019**. Please be sure to carefully check your schedule.

BILLING INFORMATION Submit **Worksheet** and **Billing Information** via one of the following options:

FAX: **908-439-9239**

E-MAIL: info@staarconference.com

MAIL: **STAAR Conference** (Check payable to: **STAAR**)

P.O. Box 11, Oldwick, New Jersey, 08858 US

YOUR INFORMATION

FIRST NAME:	LAST NAME:
CREDENTIALS (<i>as you would like them to appear on certificate</i>):	
ADDRESS:	
CITY:	STATE/PROVINCE:
ZIP CODE/POSTAL CODE:	COUNTRY:
TELEPHONE:	E-MAIL:

If paying by credit card, please complete the following information:

TOTAL TO BE CHARGED: \$	
VISA / MC #:	
EXPIRATION DATE:	SECURITY CODE:
NAME ON CREDIT CARD:	
BILLING ADDRESS (if different from your information above):	
CITY:	STATE/PROVINCE:
ZIP CODE/POSTAL CODE:	COUNTRY:

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SYMPOSIUM WORKSHOP DESCRIPTIONS

Keeping Geriatric Patients Mobile and Pain Free: Home Care and Pain Management

Day/Time: Friday, 8:30am-12:45pm

Instructor: Carmella Britt, DVM, CCRT

Course Description: This course will provide practical solutions for maintaining geriatric patients mobile and comfortable through the end of their senior life. We will review how physiology and biology differ in geriatric patients and how to modify pain medications and therapeutic exercises to maximize safety and efficacy. We will emphasize hands-on implementation of home care plans and solutions for common senior problems such as hindlimb weakness, urinary and fecal incontinence, bed sores, and appropriate use of assistive devices to aid in mobility.

Learning Objectives

1. Understand geriatric biology and physiology.
2. Know basic pharmacokinetics of commonly prescribed pain relievers and level of evidence.
3. Be able to adjust doses of medications to minimize side effects and improve outcomes.
4. Learn latest advancements in joint nutraceuticals and level of evidence.
5. Develop a home care plan for specific conditions that commonly affect geriatric and disabled dogs.
6. Develop effective therapeutic exercises that are simple and maximize owner compliance.
7. Understand assistive devices: how to choose them, measure appropriately and improve fitting.

Course Outline

Lecture

- Geriatric biology and physiology and difference from healthy adult canines
- Review of NSAID, opioid, and adjunctive pain medication pharmacokinetics and level of evidence
- Recommendations on appropriate dosing of pain medications for senior patients
- Review of latest advancements in joint supplements and level of evidence
- Common geriatric conditions faced by rehab practitioners
- Home care plan to address specific conditions
- Therapeutic exercises that work and maximize compliance
- Review of assistive devices currently on the market - how to choose the best one for specific conditions

Lab

- Review therapeutic exercises on live animals that address hindlimb weakness, urinary and fecal incontinence
- Practical tools for addressing bed sores, urine scald, and other complications due to prolonged recumbency
- Practice measuring for: Walkin' Wheels, K9 carts, Eddie's Wheels, and Dog Leggs devices
- Practice manicures and pedicures to improve traction and stability
- Practice placing Toe Grips for maximum efficacy and durability

Mulligan Principles and Applications for Mobilization of the Canine Spine

Days/Times: Friday, 2:15m-6:30pm

Saturday, 8:30am-12:45pm (repeated)

Instructor: Debbie (Gross) Torraca, DPT, MSPT, Dip ABPTS, CCRP

Course Description: This half-day workshop will focus on the principles of Brian Mulligan, PT, as they apply to the canine spine. The practitioner will gain an understanding of the specific principles and treatment guidelines of Brian Mulligan, specifically for manual spinal therapy, as part of a multimodal approach to the canine patient. A discussion, demonstration, and laboratory practice and assistance will aid the practitioner in the understanding of safe principles.

Learning Objectives

1. The participant will be able to identify the principles and applications of Brian Mulligan.
2. The participant will be able to understand when to apply the Mulligan principles.
3. The participant will be able to perform the taught Mulligan mobilizations safely and appropriately.
4. The participant will be able to safely utilize the Mulligan principles in a multimodal approach to canine care.

Course Outline

- Introduction to the Mulligan Principle and Techniques
- Application of Mulligan Principles to the Cervical Spine
- Application of Mulligan Principles to the Thoracic and Lumbar Spine
- Mulligan Principles as Part of a Multimodal Approach

Objective and Subjective Gait Analysis: Improve your Clinical Skills, Research Capacity, and Profitability

Day/Time: Friday, 2:15m-6:30pm

Instructor: Jennifer Repac, DVM, CVA, CCRT

Course Description: This course is intended to improve the practitioner's ability to recognize lameness and changes in gait patterns to maximize clinical skills and profitability. There will be extensive review of normal and pathologic canine gait patterns. Participants will practice how to recognize changes in symmetry, stride length, foot patterns, and other body dynamics during gaiting. We will also review objective gait analysis and current products available on the market that can be easily implement in everyday clinical practice.

Learning Objectives

1. Understand and be able to recognize normal canine gaits.
2. Recognize and be able to identify abnormal gait patterns.
3. Be able to localize area of musculoskeletal abnormality based on visual gait analysis.
4. Learn how to evaluate symmetry, stride length, changes in body posture and foot patterns.
5. Perfect skills to better recognize subtle lameness.
6. Learn how to incorporate objective gait analysis in your practice and improve your profitability.
7. How to choose between available objective gait analysis products currently on the market.

Course Outline

Lecture

- Review normal canine gait cycles and types of gaits
- Understand limb and body symmetry, stance time, stride and step length, velocity, and foot patterns
- Review pathologic canine gaits and how to recognize them
- Tips on how to localize the area of musculoskeletal abnormality causing the gait change
- Review techniques that will improve recognition of a subtle lameness

Objective and Subjective Gait Analysis -continued

- Review of quantitative and objective gait analysis products currently on the market
- Recommendations on how to effectively incorporate objective gait analysis in a rehab practice
- Recommendations on gait analysis pricing to maximize clinic profitability

Lab

- Observe live dogs walking and identify swing and stance phase of gait cycle
- Identify type of gait pattern in live dogs
- Practice using slow motion cameras to detect subtle gait changes
- Practice exam techniques to improve detection of subtle lameness
- Demonstrate Gait4Dog walkway, Companion stance analyzer, and Gait4Dog treadmill

Cross-Training and Rehabilitation for the High-Performance Athlete

Days/Times: Friday, 2:15pm-6:30pm

Saturday, 8:30am-12:45pm (repeated)

Instructor: Ria Acciani, MPT, CCRP

Course Description: This half-day workshop will provide the canine rehabilitation practitioner with a solid understanding of how to make a cross-training/conditioning program for both the healthy athlete and the return-to-sports phase of rehabilitation. It is well known that cross-training is important to improve fitness level, performance, reaction time, speed, agility, balance, and to prevent injury. Many canine athletes do not have this foundation to perform at their best. The practitioner will learn how to perform a strength/fitness evaluation to determine specific weaknesses, areas of compensation, and decreased flexibility. They will then be given the tools to create a customized conditioning program or return-to-sport rehab plan. This will be done through lecture, demonstration, and lab.

Learning Objectives

1. The participant will be able to understand the importance of the return-to-sports phase of rehab and cross-training a canine athlete.
2. The participant will be able to perform a strength/fitness evaluation.
3. The participant will be able to determine level of fitness level 1-3.
4. The participant will be able to complete a comprehensive fitness/conditioning program or plan of care for return-to-sports phase.
5. The participant will be able to understand progression of exercise intensity.
6. The participant will be able to perform a proper warm-up and cool-down routine.
7. The participant will be able to perform quality strengthening/ther-ex/core stability exercises.

Course Outline

- Introduction of cross-training and conditioning principles
- Return-to-sports phase and what it should include
- Proper warm-up and cool down, with specific exercises and maneuvers
- Fitness components
- Precautions
- Exercise intensity and frequency
- Strength/Fitness Evaluation
- Specific demonstration of therapeutic exercises to enhance performance

Tap Into your Patient's Potential with Kinesiotaping

Day/Time: Saturday, 8:30am-12:45pm

Instructor: Amie Lamoreaux Hesbach, PT, DPT, CCRP, CCRT

Course Description: This half-day workshop will provide demonstration, discussion, and practical application of Kinesiotaping for management of pain, inflammation, injury, and (neuromuscular or musculoskeletal) weakness in canine rehabilitation patients. Through a case-study format, the rehabilitation team will practice effective and safe methods of application of Kinesiotape in a variety of conditions.

Learning Objectives

1. The attendee will demonstrate safe methods of utilizing Kinesiotape for canine patients with pain.
2. The attendee will demonstrate safe methods of utilizing Kinesiotape for canine patients with inflammation.
3. The attendee will demonstrate safe methods of utilizing Kinesiotape for canine patients with a musculoskeletal injury.
4. The attendee will demonstrate safe methods of utilizing Kinesiotape for canine patients with neuromuscular weakness.
5. The attendee will demonstrate safe methods of utilizing Kinesiotape for canine patients with a musculoskeletal weakness.

Course Outline

- Lecture: Kinesiotaping Principles, Biomechanics, and Methods
- Lab: Kinesiotaping Methods for Canine Rehabilitation

Senior Dogs – Common Issues and the Use of Laser on Acupuncture Points

Days/Times: Saturday, 8:30am-10:30am

Saturday, 4:30pm-6:30pm (repeated)

Instructor: Carrie Smith, BScPT, CCRT, CAFCI

Course Description: This 2-hour workshop will give attendees an introduction to acupuncture, particularly with respect to senior dogs. Attendees will learn the theory of acupuncture, specific point locations, and how to use laser to stimulate the effects of acupuncture without the use of needles.

Learning Objectives

1. The attendee will understand the theory of acupuncture and meridians.
2. The attendee will understand the theory of laser with respect to indications and contraindications.
3. The attendee will be able to locate and stimulate 14 acupuncture points, which will aid in the treatment of senior dog conditions such as arthritis, generalized weakness, and hypomobility.

Course Outline

Lecture

- Introduction to acupuncture, meridian theory, and meridians - Governing Vessel, Gall Bladder, Urinary Bladder, Liver, Kidney, Large Intestine
- Laser review- indications and contraindications
- Senior dogs – common conditions that can be treated with laser acupuncture

Lab

- Point location on dogs (14 points) and treatment of points with laser

Creating a Senior Dog Mobility Program for your Clinic and your Clients

Days/Times: Saturday, 10:45am-12:45pm
Saturday, 2:15pm-4:15pm (repeated)

Instructor: Carrie Smith, BScPT, CCRT, CAFCI

Course Description: This 2-hour workshop will teach attendees how to create their own 6-week Senior Dog Mobility Program. This program can be taught to clients and is designed as a weekly class. This is a great way to empower clients to help care of their aging pets and is a potential source of revenue for the clinic.

Learning Objectives

1. The attendee will understand common conditions seen in Senior Dogs and how rehab can improve their day-to-day function.
2. The attendee will learn acupuncture points for emergencies.
3. The attendee will be introduced to the Helsinki Pain Index.
4. The attendee will understand the normal signs of aging.
5. The attendee will be able to implement a senior exercise program using common household items.
6. The attendee will be able to progress core, front and hind end strengthening exercises.

Course Outline

Lecture

- Why run a senior dog program and who would benefit
- How to structure a 6-12 week class for clients
- Helsinki Pain Index, signs of aging, The Love To List

Lab – Designing a 6-week long Senior Dog Mobility Program

- Week 1 – acupuncture point for emergencies, bony landmark palpation, test the stretch, cookies at the hip/sky/feet, 2-leg balance
- Week 2 – hind end PROM (hip, stifle, tarsus, toes), acupuncture points for hind end, fascial rolling, psoas problems, reciprocal inhibition, paws-up, tunnel squats and back-ups
- Week 3 – front end PROM (shoulder, elbow, carpus, toes), acupuncture point for front end, painting, teres major problems, play-bow push-ups, puppy push-ups, pray stretch, toe mobilization
- Week 4 – spinal mobilization, front and side sit-ups,
- Week 5 – proprioception, body wrap, CP reflexes, highstepping, unsteady surfaces
- Week 6 – circuit training, putting it all together

Introduction to Craniosacral Therapy

Day/Time: Saturday, 2:15pm-6:30pm

Instructor: Laurie Edge-Hughes, BScPT, MAnimSt (Animal Physio), CAFCI, CCRT

Course Description: This workshop is designed to provide participants with a background into craniosacral therapy. A brief history of osteopathy (and specifically craniosacral therapy) concepts and theories will be explored. Participants will be challenged to explore a new paradigm of palpation, assessment, and treatment by feeling for and working with the craniosacral rhythm. A therapy protocol for a sample craniosacral session will be learned.

Learning Objectives

1. Participants will be introduced to osteopathy and craniosacral therapy.
2. Participants will be instructed in the indications and contraindications for craniosacral therapy.
3. Participants will gain a basic understanding of “gentle touch”.
4. Participants will improve their touch skills in order to feel for craniosacral rhythm.
5. Participants will be instructed in concepts specific to craniosacral therapy utilization (listening, still points, release points, balancing, etc).

Introduction to Craniosacral Therapy - *continued*

6. Participants will learn how and where to induce a 'still point'.
7. Participants will learn how to address the key 'release points'.
8. Participants will learn a multistep protocol to use in whole or in part to input craniosacral therapy into their toolkit of therapy options.

Course Outline

Lecture

- Introduction to craniosacral therapy and osteopathy
- Craniosacral rhythm, Right brain / left brain, Light forces
- Tissue release phenomenon and the therapeutic pulse, Contraindications

Lab - A Craniosacral Protocol

- Listening, Still points, Releases, L7-Se decompression, Iliac gap, Dural tube glide
- Individual spinal bones, Paired extremity bones, Balancing, TMJ, V-Spread

The "Core" of Therapeutic Exercise for Alignment, Balance, and Control

Day/Time: Saturday, 2:15pm-6:30pm

Instructor: Amie Lamoreaux Hesbach, PT, DPT, CCRP, CCRT

Course Description: This half-day workshop will provide demonstration, discussion, and practical application of therapeutic exercise strategies, tactics, techniques, and progressions based on Proprioceptive Neuromuscular Facilitation (PNF) and Pilates, which will assist members of the canine rehabilitation team in providing more efficient and appropriate rehabilitation of canine patients with neuromuscular and musculoskeletal disorders, injuries, and disabilities.

Learning Objectives

1. The attendee will develop a logical treatment plan and therapeutic exercise progression for a canine rehabilitation patient with a neurological condition.
2. The attendee will develop a logical treatment plan and therapeutic exercise progression for a canine rehabilitation patient with an orthopaedic condition.
3. The attendee will develop a logical treatment plan and exercise progression for a canine athlete.
4. The attendee will develop a logical treatment plan and therapeutic exercise progression for a canine rehabilitation patient with urinary incontinence.

Course Outline

- Lecture: Principles of therapeutic exercise prescription, PNF, and Pilates
- Lab: Practical application of therapeutic exercise, PNF, and Pilates techniques in canine rehab

ROUNDTABLE DISCUSSION GROUP DESCRIPTION

Transitioning From Humans to Canines

Day/Time: Sunday, 9:00am-12:00pm

Instructor: Francisco Maia, PT, DPT, CCRT

Course Description: More and more physical therapists and physical therapy students have shown interest in working with animals instead of humans... can you blame them??? However, they are hitting a major barrier when researching more about this transition: lack of information. This roundtable will provide participants with answers on how to get certified in canine rehabilitation, general knowledge regarding state legislation, job and salary outlook in this field, different business models in the field, how to successfully transition from humans to animals, etc. The session will also include a live Q&A in an "ask me anything" format.

GENERAL CONFERENCE INFORMATION AND AMENITIES

COCKTAIL RECEPTION

Friday evening 7:00 pm – 10:00 pm
details coming soon

Please wear your lanyard for admittance.

PRE-SYMPOSIUM

Pre-symposium courses are located on
 4th floor Conference Level.

Breakfast and lunch are included.

Registration is on 4th floor.

WORKSHOPS

Symposium workshop classrooms are
 located on the 4th floor Conference Level.

Classrooms are clearly labeled.

Registration is on 4th floor.

EXHIBIT HALL HOURS

Friday – 7:30 am – 6:30 pm

Saturday – 7:30 am – 6:30 pm

Exhibitor hours are suggested and not mandatory.

BREAKFAST

Continental breakfast is provided
 on the 4th floor Conference Level,
 7:30 am – 8:30 am, Friday and Saturday.

Sunday breakfast not included.

LUNCH

Friday and Saturday Lunch Hours:
 12:45 pm - 2:15 pm

in the restaurant, ***Social Kitchen***, on Main Level.

Please present hostess with your Lunch Ticket.

Tickets can be purchased at Registration.

Snacks and beverages served throughout the day.

COMPUTER STATIONS

Computer stations and complimentary printers are
 located on the 3rd and 4th Conference floors.

HOTEL CHECK OUT

Check out is 12 (noon).

ATM Machine

Located near Vanderbilt’s entrance – First Floor.

HOTEL ACCESS

The bridge entrance leading to the rear parking lot
 area is the pet entrance/exit area. It will
 automatically lock from 11:00 pm- 6:00am. If locked,
 please use your guestroom keycard for access. Front
 entrance of the hotel remains open 24-hours.

FITNESS CENTER (1st floor)

You may access the gym area on a 24-hour basis
 using your guest room keycard. Indoor and outdoor
 heated pools and hot tub hours are
 6:00 am until 11:00 pm daily.

For a pickup game of basketball, volleyball, or
 racquetball, equipment is available at the front desk.

OFF-SITE RESTAURANTS

In Florham Park

- Puleo’s Brick Oven – 162 Columbia Turnpike
- Starbucks – 184 Columbia Turnpike
- China Chalet – 184 Columbia Turnpike
- Nonna’s Italian – 176 Columbia Turnpike
- Panera – 187 Columbia Turnpike
- Smashburger – 187 Columbia Turnpike
- Thirsty Turtle – 186 Columbia Turnpike

In Morristown

- Roots Steak House – 40 W Park Place
- Urban Table – 40 W Park Place
- The Committed Pig – 28 W Park Place
- South and Pine – 90 South Street
- Origin French Thai – 10 South Street
- Millie’s Old World Meatballs – 60 South St
- J&K Steakhouse – 56 South Street
- Dublin Pub – 4 Pine Street
- Tashmoo Bar- 8 DeHart Street
- Famished Frog – 18 Washington Street

In Madison

- Empire Szechuan - 258 Main Street
- Slamwich Scratch Kitchen – 143 Main Street
- Shanghai Jazz – 24 Main Street
- Begum Palace Indian – 300 Main Street
- Biladi Grill – 77 Main Street
- Blue Wazabi Japanese – 20 Waverly Place
- 54 Main Bar & Grille - 54 Main Street
- Rocco's Pizzeria Restaurant - 30 Cook Plaza
- Il Mondo Vecchio – 72 Main Street
- Poor Herbie’s American – 13 Waverly Place

**Complimentary shuttle service available to local
 stops. Contact the front desk for information.**

WYNDHAM HAMILTON PARK HOTEL & CONFERENCE CENTER 175 Park Avenue, Florham Park, NJ, US
 973-377-2424; hamiltonparkhotel.com
 “GROUP CODE”: 04236880MD (STAAR group rate valid through March 20, 2019)

Online registrants: please contact us if rooms are no longer available.

About Wyndham Hamilton Park Hotel & Conference Center

Set in New Jersey’s Fortune 500 corridor, the Wyndham Hamilton Park experience is tailored to the business traveler. The perfect blend of comfort and convenience creates a satisfying environment, while meeting rooms and facilities promote focus and productivity.



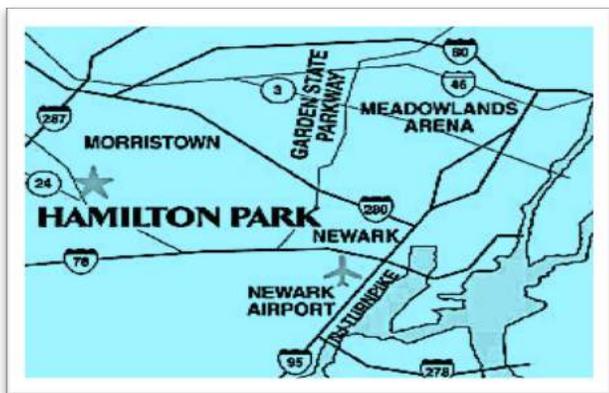
Each of the 219 guest rooms and suites exudes contemporary comfort. Deep, plush beds, thirsty towels, and natural light are just some of the accents that will please all the senses. Gaze out on rolling lawns and lush gardens, or simply stretch out and unwind.

Walk through the expansive 27,000 square-foot, IACC-certified meeting space and find innovation and inspiration all around. Fully carpeted, this ergonomically engineered environment elevates thought by eliminating distraction, while our knowledgeable meeting professionals and the full-service conference concierge are dedicated to helping with the planning and execution of various details, freeing you to focus on your meeting objectives.



As a guest at Hamilton Park Hotel, you will enjoy the following amenities and services:

- Business center
- Fitness center with indoor/outdoor pool
- Free parking
- Rooms include:
 - room service
 - USA today newspaper
 - free Wi-Fi
 - Keurig coffee maker
 - laptop safe



18 miles from Newark Liberty International Airport
30 miles from New York City

★ STAAR ★ COURSE LEADERS



Ria Acciani, MPT, CCRP
Co-Owner
Advanced Canine
Rehabilitation Center
Warren, New Jersey, US

Ria Acciani received her Masters in Physical Therapy degree from The University of St. Augustine, Florida, and trained directly with Stanley V. Paris, PT, PhD, FAPTA. Ria has over 20 years of experience in human Physical Therapy, and has specialized in Canine Rehabilitation for more than 17 years. She received her CCRP from the University of TN and was the first Physical Therapist (PT) in New Jersey to practice on dogs (2000).

Ria and her husband, David (also a licensed PT, CCRP), own and operate the Advanced Canine Rehabilitation Center, a practice in Warren, New Jersey, that focuses on orthopedic and sports rehabilitation of performance and sporting dogs.

Ria travels extensively to regional, national, and international dog competitions, and works with top-level competitors. She is the Official Therapist for the AKC US World Team, IFCS US Agility Team, WAO US Agility Team, and has travelled with these teams since 2010. Additionally, she provides instructional seminars on a variety of topics for dog handlers and educates them on how to prevent injury and enhance performance within their sport.

Ria worked closely with Dr. Sherman Canapp and VOSM to establish the rehabilitation protocol for various shoulder and elbow conditions; the protocol is in current usage at VOSM and in Ria's own practice. Ria has published articles in *Veterinary Surgery* and *Clean Run*, and has presented at STAAR (since 2010), IAVRPT, ARSIG/APTA, and SCIVAC (Italian Companion Animal Veterinary Association). She is a Board Member for ARSIG/APTA and a Member of AARV.

Ria and David continue to practice, travel, and teach. During their spare time, they enjoy being with their 3 children and 2 border collies. The children are competitive swimmers, and their schedules turn parents into taxi drivers!



Carmella C. Nugent Britt,
DVM, CCRT
Integrative and Rehabilitative
Medicine Service
Animal Medical Center
New York, New York, US

Dr. Carmella Britt graduated from Ross University School of Veterinary Medicine in 2016. She completed her clinical year at North Carolina School of Veterinary Medicine. After graduating from veterinary school, she completed a small animal rotating internship at the Veterinary Specialty Hospital of the Carolinas in Cary, North Carolina. She is certified in canine rehabilitation through the Canine Rehabilitation Institute. Dr. Britt is currently a resident in Canine Sports Medicine and Rehabilitation at the Animal Medical Center. Her interests include canine sports medicine, rehabilitation for critically ill patients and regenerative medicine.



**Laurie Edge-Hughes, BScPT,
MAnimSt (Animal Physio),
CAFCI, CCRT
Co-Owner
The Canine Fitness Centre Ltd.
Calgary, Alberta, Canada**

Laurie Edge-Hughes obtained her Bachelor of Science in Physical Therapy from the University of Alberta in 1993 and has since focused her post-graduate training on orthopedics, osteopathy, acupuncture, and animal rehabilitation. Additionally, she completed her Master of Animal Studies in Animal Physiotherapy through the University of Queensland (Australia) in 2006.

Laurie has the honor of having taught the first canine physiotherapy/physical therapy courses in Canada (1999), the USA (1999), and Australia (2001). She has been involved in the Animal Rehab Division since its inception in 1994 and teaches canine physiotherapy and rehabilitation courses for the Animal Rehab Division of the Canadian Physiotherapy Association (CPA). Additionally, she presently holds the position of Past-Chair & Advocacy Lead for the Animal Rehab Division of the CPA. She taught for ten years for the Canine Rehabilitation Institute in the USA, and lecturers internationally as often as able.

Laurie's biggest teaching venture is currently via www.FourLeg.com, an online educational platform for continuing education in canine rehabilitation / physiotherapy. Laurie co-owns and practices out of the Canine Fitness Centre Ltd (www.caninefitness.com) in Calgary, Alberta.



**Amie Lamoreaux Hesbach, PT,
DPT, CCRP, CCRT
Owner
EmpowerPhysioPeT
Boston, Massachusetts, US**

Amie Lamoreaux Hesbach is a doctor of physical therapy with over twenty years of experience with human patients and over seventeen with small animal patients. She has expertise and experience in the application of manual therapy techniques (including IASTM), therapeutic and functional exercise training, injury prevention, and proprioceptive and neuromuscular retraining in orthopaedic, athletic, and neurologic patients and clients.

Dr. Hesbach was educated at the University of Montana (DPT, Physical Therapy), the Medical College of Virginia (MS, Physical Therapy), and Slippery Rock University of Pennsylvania (BS, Biology). She completed a post-graduate residency in Proprioceptive Neuromuscular Facilitation at the Kaiser Foundation Rehabilitation Center in Vallejo, California and is certified in Kinesiotaping. She has since modified these techniques for use with her animal patients.

Dr. Hesbach is certified in Canine Rehabilitation through both the University of Tennessee (UT) and the Canine Rehabilitation Institute (CRI). As a Certified Clinical Instructor, she has supervised externships for both physical therapy and veterinary students. Dr. Hesbach has published and lectured on both human and canine rehabilitation in the United States, the United Kingdom, Italy, and Japan.

Dr. Hesbach is the past President of the Animal Rehabilitation Special Interest Group of the American Physical Therapy Association (APTA). She owns and operates *EmpowerPhysioPeT*, an in-home animal rehabilitation and physical therapy practice near Boston, Massachusetts.



Francisco Maia, PT, DPT, CCRT
Owner
TheK9PT
Chicago, Illinois, US

Francisco Maia was born in Brazil and moved to the United States in 2005. He received a Bachelor of Science in Exercise Science degree from Indiana University in 2009, and a Doctor in Physical Therapy degree from The University of Pittsburgh in 2012. Francisco decided to combine his knowledge of physical therapy with his passion for animals and was certified as a CCRT by CRI in 2015.

Francisco has a mobile canine rehabilitation business, TheK9PT, that serves Chicago and nearby suburbs. Through his personal and professional struggles when transitioning from human to canine rehabilitation, he learned how to start a mobile business from scratch and grow it into a successful 6-figure business. He has made one of his life goals to empower physical therapists who want to make that transition in a successful way, without going through the financial struggles and frustrations that most endure.



Jennifer Repac, DVM, CVA, CCRT
Integrative and Rehabilitative
Medicine Service
Animal Medical Center
New York, New York, US

Dr. Jennifer Repac is a second-year resident in the Integrative and Rehabilitative Medicine Service at the Animal Medical Center in New York City. She is certified in both canine rehabilitation and acupuncture.

Dr. Repac graduated from the University of California Davis in 2009 and spent her first 4 years in general practice in New York City. She then spent 2 years working as a veterinarian and teacher for a small animal practice in Beijing. She then completed a Integrative and Rehabilitative Medicine specialty internship at the Animal Medical Center prior to starting her residency.

Her interests include geriatric medicine, integrative medicine, assistive devices, thermography, and education.



Carrie Smith, BScPT, CCRT
Owner, Operator
Kemptville Physiotherapy
Centre
Kemptville Canine Centre
Kemptville, Ontario, Canada

Carrie Smith graduated from the University of Western Ontario with a BS in Physical Therapy in 1985. An avid sportswoman, Carrie became certified in Sports Physiotherapy and in Intra-Muscular Stimulation (Gunn IMS) then opened the Kemptville Physiotherapy Centre in 1996. She was Chief Physiotherapist for the Canadian Women's National Hockey Team (1996-98, including at the 1998 Winter Olympics in Nagano) and the Canadian's Men's Rugby Team (2007-16, including Chief Physiotherapist at the Rugby World Cup, 2011).

Carrie has a deep passion for and commitment to bettering the lives of our four-legged athletes as well. In 2004, she became a certified canine rehabilitation therapist (CCRT) and opened the Kemptville Canine Centre in 2015. She was the Chief Physiotherapist for the Canadian World Agility Team in the Netherlands in 2018. She is an Executive Member of the Animal Rehabilitation Division of the Canadian Physiotherapy Association and currently holds the Co-Chair position.



Debbie (Gross) Torraca, DPT,
MSPT, CCRP,
Dip ABPTS
Wizard Of Paws
Colchester, Connecticut, US

Dr. Debbie Torraca began her career in human physical therapy (PT) and specialized in orthopedics, sports medicine, and pain management. With a solid foundation in human PT, she has adapted her skills (including her expertise in the Mulligan Technique) to her work with animals. Dr. Torraca is a pioneer in the field of canine physical therapy and is a founder of the University of Tennessee's (UTN) certificate program (CCRP). She also founded and heads the Certified Canine Manual Therapy (CCMT) program at UTN.

Following her undergraduate studies at Boston University, Dr. Torraca received her master's in Physical Therapy from Quinnipiac College and her doctorate in Physical Therapy from UTN-Chattanooga. She transitioned to her work with animals early in her career, and has now been practicing canine rehabilitation for more than twenty-two years.

Dr. Torraca has authored many chapters in veterinary textbooks and writes for professional journals and magazines dedicated to the dog enthusiast. She is a regular contributor to *Clean Run*, *Dog Sport*, *Working Dog Digest*, *Dogs Naturally*, and various breed magazines. She has been a speaker and instructor at many veterinary conferences including the International Association of Veterinary Rehabilitation and Physical Therapy (IAVRPT), American College of Veterinary Surgeons (ACVS), North American Veterinary Conference (NAVC), Atlantic Coast Veterinary Conference (ACVC), Western States Veterinary Conference (WSVC), and many state conferences. She sits on the advisory board for Companion Animal Health and has been a key speaker at the American International Medical Laser Association, highlighting her latest research.

Dr. Torraca is a longtime member of American Physical Therapy Association Special Interest Group (APTA-SIG) and has held the office of President. She is also a member of the International Veterinary Academy of Pain Management (IVAPM). She is an active member of the Portuguese Water Dog Club of America, the American Bullmastiff Association, the Clumber Spaniel Club of America, and various other local dog clubs and organizations including the Connecticut Police Canine Unit.