

11th
annual



STAAR

Symposium on Therapeutic Advances in Animal Rehabilitation

Sept. 27-30, 2023

Embassy Suites by Hilton
Parsippany, New Jersey
US

Hands On

STAAR is the
Conference that
offers the most
hands-on training



**REGISTRATION
AND
INFORMATION**

info@staarconference.com

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staarconference.com

WORKSHOPS AT A GLANCE

Below is the schedule for the STAAR Workshops with length of course (**red text**) and instructor (**blue text**)

Wed 9/27 AM	Wed 9/27 PM	Thurs 9/28 AM	Thurs 9/28 PM	Fri 9/29 AM	Fri 9/29 PM	Sat 9/30 AM
Basic Manual Therapy for the Canine Spine (2-day workshop) <i>L. Edge-Hughes</i>				Conservative Management of Medial Shoulder Hypermobility (1/2-day workshop) <i>L. Edge-Hughes</i>	Conservative Management of Patellofemoral and Stifle Instabilities: Focus on Manual Techniques (1/2-day workshop) <i>S. Davis</i>	Case After Case: Live Cases to Work Through and Learn From (1/2-day workshop) <i>L. Edge-Hughes</i>
Multimodal Treatment of the Iliopsoas (1/2-day workshop) <i>D. Torraca</i>	Advancements in and Management of Degenerative Myelopathy (1/2-day workshop) <i>D. Torraca</i>	Sensory Stimulation for NeuroPlasticity Following Orthopaedic or Neurologic Injury (1-day workshop) <i>A. Hesbach</i>		Puppy Conditioning: How to Start Them Off Right for Any Sport (1/2-day workshop) <i>R. Acciani</i>	Conditioning the Canine Athlete and Return to Sport After Rehab (1/2-day workshop) <i>R. Acciani</i>	Puppy Conditioning: How to Start Them Off Right for Any Sport (1/2-day workshop) <i>R. Acciani</i>
Instrument-assisted Soft Tissue Mobilization for Canine Rehabilitation (1/2-day workshop) <i>A. Hesbach</i>	Kinesiology Taping (1/2-day workshop) <i>A. Hesbach</i>	Myofascial Release: Practical Applications for Small Animals (1/2-day workshop) <i>J. Moe</i>	Myofascial Release: Practical Applications for Small Animals (1/2-day workshop) <i>J. Moe</i>	Help! Assistive Devices in Physical Rehabilitation (1/2-day workshop) <i>J. Moe</i>	Help! Assistive Devices in Physical Rehabilitation (1/2-day workshop) <i>J. Moe</i>	All Hands on Pet: How-To Course on Home Physical Therapy Methods for Pet Owners (2-hour course; for Pet Parents only) <i>S. Davis</i>
Mulligan Concept and Joint Mobilization for Canine <u>Extremities</u> (1/2-day workshop) <i>E. Saltis</i>	Rehabilitation for the Canine Hip (1/2-day workshop) <i>E. Saltis</i>	Multimodal Treatment of the Iliopsoas (1/2-day workshop) <i>D. Torraca</i>	Rehabilitation for the Canine Hip (1/2-day workshop) <i>E. Saltis</i>	Mulligan Concept and Joint Mobilization for the Canine <u>Spine</u> (1/2-day workshop) <i>E. Saltis</i>	Kinesiology Taping (1/2-day workshop) <i>A. Hesbach</i>	Instrument-Assisted Soft Tissue Mobilization for Canine Rehabilitation (1/2-day workshop) <i>A. Hesbach</i>



WORKSHOPS

Workshops are Intensive and designed for the serious practitioner. They include live dogs (approx. 1 dog per 3-4 participants) so that learned skills and techniques can be directly and immediately implemented into practice. Classes are intimate, informal, and small to maximize learning (max 20 participants/class).

WORKSHOP RATING SCALE

★ **Basic:** Designed for participants who desire a basic understanding or knowledge of the topic or skills. Participants will find the course basic/introductory.

★ ★ **Intermediate:** Participants assume a solid foundation and understanding of the topic and skills, and desire more advanced training. Participants will find the course moderately challenging.

★ ★ ★ **Advanced:** Presentation includes advanced skills and cutting-edge techniques that assumes a thorough understanding of the topic and consistency in ability to apply foundational skills and clinical reasoning.

Admission exceptions are made by special permission based on review of applicant's previous coursework and experience.

Workshop choices are on a first-come, first-served basis and honored once final payment is received.

CUSTOMIZE YOUR CONFERENCE YOUR WAY

At STAAR, you can customize your schedule.

Just review the Workshops below and select the ones that fit with your schedule and are relative to you and your practice.

MAKE YOUR SELECTIONS ON THE WORKSHOP WORKSHEET (PAGE 9)

Workshop Information	Workshop Time
<p>TITLE: Basic Manual Therapy for the Canine Spine INSTRUCTOR: Laurie Edge-Hughes, PT, MAn St, CAFCI, CCRT WORKSHOP RATING: ★★ DVM/VMD, PT ★★★★★ VT, PTA MAX PARTICIPANTS: 20 CONTACT HOURS: (16.0 pending RACE Approval)</p> <p>DESCRIPTION: If you have never taken a spinal manual therapy course from Laurie Edge-Hughes, then you are missing out on all that manual therapy can offer. Through lecture and lab, Laurie leads participants through a detailed evaluation of the canine spine from a mechanical perspective. Focus is on manual therapy concepts and evidence-based rationale for treatment selection. An integrated model for dealing with spinal mechanics is covered including force closure, form closure, and motor control and timing for the neck, back, pelvis and ribs. Participants gain a greater depth of understanding of spinal mechanics, a better appreciation for the detection of spinal dysfunctions, and the ability to manually treat (via mobilization techniques) the spinal system. Instruction is given regarding testing of the musculoskeletal control of the spine. Prescription is given for therapeutic exercises targeted specifically at fine motor control and core stability, and additional concepts regarding pain control and resolution of maladaptive postures and behaviours.</p>	<p style="text-align: center;">2-DAY WORKSHOP</p> <p style="text-align: center;">Wed., Sept. 27, 9:00am - 6:30pm Thurs., Sept. 28, 9:00am - 6:30pm</p> <p style="text-align: center;">Each day includes breakfast, lunch, snacks</p>



WORKSHOPS

Workshop Information	Workshop Time
<p>TITLE: Conservative Management of Medial Shoulder Hypermobility INSTRUCTOR: Laurie Edge-Hughes, PT, MAn St, CAFCI, CCRT WORKSHOP RATING: ★★ DVM/VMD, VT, PT, PTA MAX PARTICIPANTS: 20 CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: If you treat sporting dogs, working dogs, or any active dog, then you really need to know what's going on in that shoulder joint! Medial shoulder hypermobility (a.k.a. medial shoulder compartment syndrome or medial shoulder instability) is a pervasive shoulder condition that continues to be underdiagnosed and subsequently inadequately managed. Through lecture and lab, this class presents the research into shoulder hypermobility, and establishes your treatment plan that includes manual therapies, modalities, and therapeutic exercise to address the issues seen in these cases.</p>	<p style="text-align: center;">1/2-DAY WORKSHOP</p> <p style="text-align: center; color: red;">Fri., Sept. 29, 8:30am - 12:45pm</p>
<p>TITLE: Case After Case - Live Cases to Work Through and Learn From INSTRUCTOR: Laurie Edge-Hughes, PT, MAn St, CAFCI, CCRT WORKSHOP RATING: ★★ DVM/VMD, VT, PT, PTA MAX PARTICIPANTS: 20 CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: This Workshop is designed to provide participants with an opportunity to problem-solve through real live cases (you will see, there is no such thing as a normal dog and you can find something to work on in most any canine patient!). Participants learn to assess and develop treatment plans for a multitude of dogs provided for the class. This class can go any direction you want, and cover small or large topics as desired. Group discussions are encouraged. Everyone learns from everyone!</p>	<p style="text-align: center;">1/2-DAY WORKSHOP</p> <p style="text-align: center; color: red;">Sat., Sept. 30, 8:30am - 12:45pm</p>
<p>TITLE: Multimodal Treatment of the Iliopsoas INSTRUCTOR: Debbie Torraca, MSPT, DPT, CCRP, CCMT WORKSHOP RATING: ★★ DVM/VMD, VT, PT, PTA MAX PARTICIPANTS: 20 CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: The iliopsoas and the treatment of this muscle is often difficult to approach and challenging to decide upon the best course of treatment and plan for each individual dog. This program focuses on the identification of iliopsoas problems, confounding complications, potential other problems, and treatments based on the individual dog. Treatments will consist of manual therapy, joint mobilization, photobiomodulation, pulsed shockwave therapy, appropriate stretching and range of motion, strengthening, eccentric work and return to functional level of activities. A home program and home treatment plan will also be covered.</p>	<p style="text-align: center;">1/2-DAY WORKSHOP</p> <p style="text-align: center; color: red;">Wed. Sept. 27 8:30am - 12:45pm OR Thurs., Sept. 28, 8:30am - 12:45pm</p>



WORKSHOPS

Workshop Information	Workshop Time
<p>TITLE: Advancements in and Management of Degenerative Myelopathy INSTRUCTOR: Debbie Torraca, MSPT, DPT, CCRP, CCMT WORKSHOP RATING: ★★ DVM/VMD, VT, PT, PTA MAX PARTICIPANTS: 20 CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: Degenerative myelopathy continues to be a challenge to owners and rehabilitation practitioners. Research has demonstrated the combination of appropriate therapeutic exercise and core strength, and photobiomodulation is able to slow down the progression. Recent clinical guidelines and changes in photobiomodulation protocols have demonstrated even more of a continued improvement with these cases. This program will review the disease process, appropriate therapeutic exercises, manual therapy, core and pelvic floor strengthening, photobiomodulation changes, and a home program.</p>	<p>1/2-DAY WORKSHOP</p> <p>Wed. Sept. 27 2:15pm - 6:30pm</p>
<p>TITLE: Sensory Stimulation for NeuroPlasticity Following Orthopaedic or Neurologic Injury INSTRUCTOR: Amie Hesbach, PT, DPT, MSPT, CCRP, CCRT WORKSHOP RATING: ★★★ DVM/VMD, VT, PT, PTA MAX PARTICIPANTS: 20 CONTACT HOURS: (8.0 pending RACE Approval)</p> <p>DESCRIPTION: This Workshop teaches the scientific rationale and techniques for applying a sensory stimulation protocol (or "diet") to enhance neuroplasticity, which is integral for rehabilitating pets with orthopaedic or neurologic injury. <i>Workshop includes your personal Sensory Stimulation Kit to take home with you (\$179 value).</i></p>	<p>1-DAY WORKSHOP</p> <p>Thurs., Sept. 28, 9:00am - 6:30pm</p> <p>Includes breakfast, lunch, snacks</p>
<p>TITLE: Kinesiology Taping INSTRUCTOR: Amie Hesbach, PT, DPT, MSPT, CCRP, CCRT WORKSHOP RATING: ★ PT ★★ DVM/VMD ★★★ VT MAX PARTICIPANTS: 20 CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: This Workshop teaches methods of applying kinesiology tape and of integrating this technique with therapeutic exercises and activities of daily living for enhanced body awareness. Kinesiology taping techniques are useful for rehabilitating pets and for conditioning canine athletes.</p>	<p>1/2-DAY WORKSHOP</p> <p>Wed. Sept. 27 2:15pm - 6:30pm OR Fri., Sept. 29, 2:15pm - 6:30pm</p>



WORKSHOPS

Workshop Information	Workshop Time
<p>TITLE: Instrument-Assisted Soft Tissue Mobilization (IASTM) for Canine Rehabilitation</p> <p>INSTRUCTOR: Amie Hesbach, PT, DPT, MSPT, CCRP, CCRT</p> <p>WORKSHOP RATING: ★ PT ★★ DVM/VMD ★★★ VT</p> <p>MAX PARTICIPANTS: 20</p> <p>CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: This workshop teaches methods for utilizing IASTM tools for sensory stimulation and mechanical manipulation of soft tissues including tendons, ligaments, and fascia, as part of a comprehensive rehabilitation strategy. <i>Workshop includes your personal IASTM Tool to take home with you (\$130 value).</i></p>	<p>1/2-DAY WORKSHOP</p> <p>Wed. Sept. 27 8:30am - 12:45pm OR Sat., Sept. 30, 8:30am - 12:45pm</p>
<p>TITLE: Myofascial Release: Practical Application for Small Animals</p> <p>INSTRUCTOR: Jenny Moe, PT, MS, DPT, CCRT</p> <p>WORKSHOP RATING: ★★ DVM/VMD, VT, PT, PTA</p> <p>MAX PARTICIPANTS: 20</p> <p>CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: This course provides an introduction to myofascial release as taught by John F. Barnes, PT. We review fascia as a system in the body, and how it is impacted by trauma and inflammation. Fascia provides support and structure to the body, yet when it becomes tight and restricted, ramifications can spread far beyond the original affected location. Participants learn several techniques to apply to a wide variety of conditions and populations, and how to immediately practice them in person with our volunteer canine patients. Myofascial release is a tool that anyone can add to their toolbox, and compliments other manual therapy techniques. Dr. Moe is an experienced practitioner of John F. Barnes MFR both with humans and animals, and has been utilizing the approach for over 13 years in her practice.</p>	<p>1/2-DAY WORKSHOP</p> <p>Thurs. Sept. 28 8:30am - 12:45pm OR Thurs., Sept. 28, 2:15pm - 6:30pm</p>
<p>TITLE: Help! Assistive Devices in Physical Rehabilitation</p> <p>INSTRUCTOR: Jenny Moe, PT, MS, DPT, CCRT</p> <p>WORKSHOP RATING: ★★ DVM/VMD, VT, PT, PTA</p> <p>MAX PARTICIPANTS: 20</p> <p>CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: Assistive devices are vital to support our animal patients throughout their journey in physical rehabilitation, whether it is temporary to recover from an injury or for long-term management of a progressive condition. It can be overwhelming knowing where to start, from carts to boots, harnesses, to supportive garments. Dr. Moe brings her special interest and expertise in the realm of assistive devices from a background in pediatric physical therapy, along with over 13 years in animal rehabilitation. This course provides background knowledge on a variety of assistive devices, how and when to choose them, and for what patient populations. Participants practice applying and fitting devices including wheelchairs/carts on canine volunteers.</p>	<p>1/2-DAY WORKSHOP</p> <p>Fri. Sept. 29 8:30am - 12:45pm OR Fri., Sept. 29, 2:15pm - 6:30pm</p>



WORKSHOPS

Workshop Information	Workshop Time
<p>TITLE: Mulligan Concept and Joint Mobilization for Canine <u>Extremities</u></p> <p>INSTRUCTOR: Elena Saltis, BSc, NZPT, APA, CCRT</p> <p>WORKSHOP RATING: ★★ DVM/VMD, PT ★★★ VT, PTA</p> <p>MAX PARTICIPANTS: 20</p> <p>CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: This Workshop presents the Mulligan approach to manual therapy adapted for the canine patient. This unique, manual technique was developed by Brian Mulligan F.N.Z.S.P. (Hon), Dip. M.T. It is highly effective for musculoskeletal disorders and uses a pain-free, manual joint “repositioning” technique for restoring function and reducing pain. Participants learn NAGS (Natural Apophyseal Glides – oscillatory mobilizations) and SNAGS (Sustained Natural Apophyseal Glides) for treatment of musculoskeletal dysfunctions. New and effective joint mobilizations for the canine limbs are also presented. The course covers advanced joint mobilizations of the extremities, from the toes to scapula and hips. It includes patient demonstrations and a strong focus on hands-on lab sessions to give in-depth coverage of treatment techniques.</p>	<p>1/2-DAY WORKSHOP</p> <p>Wed. Sept. 27 8:30am - 12:45pm</p>
<p>TITLE: Mulligan Concept and Joint Mobilization for the Canine <u>Spine</u></p> <p>INSTRUCTOR: Elena Saltis, BSc, NZPT, APA, CCRT</p> <p>WORKSHOP RATING: ★★ DVM/VMD, PT ★★★ VT, PTA</p> <p>MAX PARTICIPANTS: 20</p> <p>CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: This Workshop presents the Mulligan approach to manual therapy adapted for the canine patient. This unique, manual technique was developed by Brian Mulligan F.N.Z.S.P. (Hon), Dip. M.T. It is highly effective for musculoskeletal disorders and uses a pain-free, manual joint “repositioning” technique for restoring function and reducing pain. Participants learn NAGS (Natural Apophyseal Glides – oscillatory mobilizations) and SNAGS (Sustained Natural Apophyseal Glides) for treatment of musculoskeletal dysfunctions. New and effective joint mobilizations for the canine spine are also presented. The course covers advanced joint mobilizations of the spine, from cervical to pelvic region. It includes patient demonstrations and a strong focus on hands-on lab sessions to give in-depth coverage of treatment techniques.</p>	<p>1/2-DAY WORKSHOP</p> <p>Fri. Sept. 29 8:30am - 12:45pm</p>
<p>TITLE: Rehabilitation for the Canine Hip</p> <p>INSTRUCTOR: Elena Saltis, BSc, NZPT, APA, CCRT</p> <p>WORKSHOP RATING: ★★ DVM/VMD, PT ★★★ VT, PTA</p> <p>MAX PARTICIPANTS: 20</p> <p>CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: This Workshop teaches assessment, practical manual therapy techniques, clinical management, and therapeutic exercises for the canine hip. Participants are taught to perform a complete musculoskeletal assessment of the hip joint, with consideration of pathophysiology, biomechanics, gait analysis and anatomy of the hip joint mechanism. Assessment and treatment of common compensations will be covered. Non-surgical management of hip dysplasia will be discussed using clinical reasoning and a multimodal approach.</p>	<p>1/2-DAY WORKSHOP</p> <p>Wed. Sept. 27 2:15pm - 6:30pm OR Thurs., Sept. 28, 2:15pm - 6:30pm</p>



WORKSHOPS

Workshop Information	Workshop Time
<p>TITLE: Conservative Management of Patellofemoral and Stifle Instabilities: Focus on Manual Techniques</p> <p>INSTRUCTOR: Susan Davis, PT, DPT</p> <p>WORKSHOP RATING: ★★ DVM/VMD, PT ★★★ VT, PTA</p> <p>MAX PARTICIPANTS: 20 CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: This Workshop discusses the current research and evidence to optimize the clinical management of patellofemoral and stifle instability. Participants learn to perform the 3-D Patellar Repositioning Technique, sharpen and refine ligament and meniscal testing skills, and accurately apply pelvic alignment techniques prior to stifle stabilizing exercises. Also addressed is the impact of distal hindquarter joint mobility on stifle stability and exercises to facilitate stability of the patellofemoral and stifle joints.</p>	<p style="text-align: center;">1/2-DAY WORKSHOP</p> <p style="text-align: center;">Fri. Sept. 29 2:15pm - 6:30pm</p>
<p>TITLE: Puppy Conditioning: How to Start Them Off Right for Any Sport</p> <p>INSTRUCTOR: Ria Acciani, MPT, CCRP</p> <p>WORKSHOP RATING: ★★ DVM/VMD, PT ★★★ VT, PTA</p> <p>MAX PARTICIPANTS: 20 CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: In this Workshop, Participants learn how and when to begin puppies on a conditioning program. Functional therapeutic exercises are important to improve fitness level, strength, performance, reaction time, speed, agility, and balance in the canine athlete; starting puppies out correctly sets them on the right track for success in their sport. Many owners do not know how much exercise to do with puppies and which are appropriate. This course teaches Participants to perform strength evaluations to determine weaknesses and compensation. Participants learn when to start puppies with exercises, how to perform each correctly, and how to develop puppy programs that progress through the varied developmental stages.</p>	<p style="text-align: center;">1/2-DAY WORKSHOP</p> <p style="text-align: center;">Fri. Sept. 29 8:30am - 12:45pm OR Sat. Sept. 30 8:30am - 12:45pm</p>
<p>TITLE: Conditioning the Canine Athlete and Return to Sport After Rehab</p> <p>INSTRUCTOR: Ria Acciani, MPT, CCRP</p> <p>WORKSHOP RATING: ★★ DVM/VMD, PT ★★★ VT, PTA</p> <p>MAX PARTICIPANTS: 20 CONTACT HOURS: (4.0 pending RACE Approval)</p> <p>DESCRIPTION: This Workshop provides the Participant with a solid understanding of how to create a sport-specific conditioning program for both healthy and post-rehab athletes to help decrease risk of re-injury. Functional, therapeutic exercises improve fitness level, strength, performance, reaction time, speed, agility, and balance. In this course the Participant learns how to perform a strength/fitness evaluation to determine specific weaknesses, areas of compensation, and decreased flexibility. They will then be given the tools to create a customized conditioning program or return to sports rehab plan.</p>	<p style="text-align: center;">1/2-DAY WORKSHOP</p> <p style="text-align: center;">Fri. Sept. 29 2:15pm - 6:30pm</p>
<p>TITLE: All Hands On Pet: All Hands on Pet: How-To Course on Home Physical Therapy Methods for Pet Owners (Workshop for Pet Parents ONLY)</p> <p>INSTRUCTOR: Susan Davis, PT, DPT</p> <p>WORKSHOP RATING: ★ Pet Parents MAX PARTICIPANTS: 20</p> <p>DESCRIPTION: This Workshop includes 1 hr lecture and 1 hr lab where pet parents gain confidence in their role and learn to perform basic massage techniques and range of motion, and be able to identify injury or malfunction.</p>	<p style="text-align: center;">2-HOUR WORKSHOP</p> <p style="text-align: center;">Sat., Sept. 30, 8:30am - 10:30am OR 10:45am - 12:45pm</p>

WORKSHOP WORKSHEET

Complete this Worksheet by placing an "X" in the spaces "_____" below to indicate your choices.
Please return this Worksheet and the Participant Information (page 10) following the instructions on the bottom of page 10.

Wed 9/27 AM	Wed 9/27 PM	Thurs 9/28 AM	Thurs 9/28 PM	Fri 9/29 AM	Fri 9/29 PM	Sat 9/30 AM
<p>Basic Manual Therapy for the Canine Spine (2-day workshop - includes breakfast, lunch, snack for 2 days) <i>L. Edge-Hughes</i></p> <p>\$1952</p> <p>_____ ("X" to select)</p>				<p>Conservative Management of Medial Shoulder Hypermobility (1/2-day workshop) <i>L. Edge-Hughes</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Conservative Management of Patellofemoral and Stifle Instabilities: Focus on Manual Techniques (1/2-day workshop) <i>S. Davis</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Case After Case: Live Cases to Work Through and Learn From (1/2-day workshop) <i>L. Edge-Hughes</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>
<p>Multimodal Treatment of the Iliopsoas (1/2-day workshop) <i>D. Torraca</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Advancements in and Management of Degenerative Myelopathy (1/2-day workshop) <i>D. Torraca</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Sensory Stimulation for NeuroPlasticity Following Orthopaedic or Neurologic Injury (1-day workshop - includes take-home Sensory Stimulation Kit - \$179 value. Workshop also includes breakfast, lunch, snacks) <i>A. Hesbach</i></p> <p>\$1070</p> <p>_____ ("X" to select)</p>		<p>Puppy Conditioning: How to Start Them Off Right for Any Sport (1/2-day workshop) <i>R. Acciani</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Conditioning the Canine Athlete and Return to Sport After Rehab (1/2-day workshop) <i>R. Acciani</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Puppy Conditioning: How to Start Them Off Right for Any Sport (1/2-day workshop) <i>R. Acciani</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>
<p>Instrument-assisted Soft Tissue Mobilization for Canine Rehabilitation (1/2-day workshop) <i>A. Hesbach</i></p> <p>\$608</p> <p>_____ ("X" to select)</p>	<p>Kinesiology Taping (1/2-day workshop) <i>A. Hesbach</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Myofascial Release: Practical Applications for Small Animals (1/2-day workshop) <i>J. Moe</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Myofascial Release: Practical Applications for Small Animals (1/2-day workshop) <i>J. Moe</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Help! Assistive Devices in Physical Rehabilitation (1/2-day workshop) <i>J. Moe</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Help! Assistive Devices in Physical Rehabilitation (1/2-day workshop) <i>J. Moe</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>How-To Course on Home Physical Therapy Methods for Pet Owners (2-hour course; for Pet Parents only) <i>S. Davis</i></p> <p>\$89</p> <p>8-10</p> <p>_____ ("X" to select)</p> <p>10:30-12:30</p> <p>_____ ("X" to select)</p>
<p>Mulligan Concept and Joint Mobilization for Canine <u>Extremities</u> (1/2-day workshop) <i>E. Saltis</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Rehabilitation for the Canine Hip (1/2-day workshop) <i>E. Saltis</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Multimodal Treatment of the Iliopsoas (1/2-day workshop) <i>D. Torraca</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Rehabilitation for the Canine Hip (1/2-day workshop) <i>E. Saltis</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Mulligan Concept and Joint Mobilization for the Canine <u>Spine</u> (1/2-day workshop) <i>E. Saltis</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Kinesiology Taping (1/2-day workshop) <i>A. Hesbach</i></p> <p>\$488</p> <p>_____ ("X" to select)</p>	<p>Instrument-Assisted Soft Tissue Mobilization for Canine Rehabilitation (1/2-day workshop includes take-home IASTM Tool - \$130 value) <i>A. Hesbach</i></p> <p>\$608</p> <p>_____ ("X" to select)</p>

PARTICIPANT INFORMATION

Please sign the Participant Responsibilities, complete Participant and Billing Information and Workshop Worksheet (page 9) and return as instructed below.

Participant Responsibilities

- Workshop choices are on a first-come, first-served basis, and are honored when full payment is received and processed.
- Participants receive a confirmation e-mail with course schedule once payment is made in full.
- Certificates of Attendance with documented contact hours are awarded upon successful completion of selected courses and can be used for C.E.U. verification and credits. These will be e-mailed to each Participant by December 1, 2023.
- Participants are required to sign a Release of Liability upon arrival and registration at STAAR.
- Workshops are cancelled if less than 10 participants enroll by August 31, 2023.
- Dates, locations, instructors and/or costs are subject to change.
- Requests for refunds must be submitted via the CANCELLATION POLICY AND REFUND REQUEST FORM (available at: staarconference.com/cancellation).
- STAAR refunds are not issued for late arrivals or absenteeism and are non-transferable.

Cancellation Policy and Refund Request

To request a refund, the Cancellation Form (available at: staarconference.com/cancellation) must be completed and postmarked by August 15, 2023. Refunds issued as below excluding \$50 processing fee. Cancellation refund is issued as follows:

- 1) Prior to June 1, 2023 (75% refund).
- 2) From June 1, 2023 to July 11, 2023 (50% refund).
- 3) From July 12, 2023 to August 15, 2023 (25% refund).
- 4) No refunds will be issued after August 15, 2023. Please be sure to carefully check your schedule.

I have read, understood, and agree to the Participant Responsibilities above.

Print your Name

Your Signature

Participant Information

First Name:

Last Name:

Credentials (as should appear on Certificate):

Yrs of Work in Canine Rehab:

Mailing Address:

City:

State/Province:

Country:

Zip/Post Code:

Email:

Daytime Phone#:

Billing Information (checks payable to "Vital Vet, LLC" see below)

Total to be charged (US\$):

Credit Card #:

Expiration Date:

Security Code:

Billing Zip Code:

Please Submit Workshop Worksheet and Billing Information via:

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STAAR INSTRUCTORS



Ria Acciani, MPT, CCRP

Co-Owner
Advanced Canine
Rehabilitation Center
Warren, New Jersey, US

Ria Acciani received her Masters in Physical Therapy degree from U. of St. Augustine, Florida, and trained directly with Stanley V. Paris, PT, PhD, FAPTA. She has over 25 years of experience in human Physical Therapy, and has specialized in Canine Rehabilitation for more than 20 years. She received her CCRP from UTN and was the first Physical Therapist (PT) in New Jersey to practice on dogs (2000).

Ria owns and operates the Advanced Canine Rehabilitation Center, a practice that focuses on orthopedic and sports rehabilitation of performance and sporting dogs. She travels extensively to national and international dog competitions, and works with top-level competitors. She is the Official Therapist for the AKC US World Team, IFCS US Agility Team, WAO US Agility Team, and has travelled with these teams since 2010. Ria conducts instructional seminars on a variety of topics for dog handlers and educates them on how to prevent injury and enhance performance within their sport. Ria worked closely with Dr. Sherman Canapp and VOSM to establish the rehabilitation protocol for various shoulder and elbow conditions. She has published articles in Veterinary Surgery and Clean Run, and has presented at STAAR (since 2010), IAVRPT, ARSIG/APTA, and SCIVAC. She is a Board Member for ARSIG/APTA and a Member of AARV.



Susan E. Davis, PT, DPT

Owner
Joycare Onsite
Red Bank, New Jersey, US

Dr. Susan Davis is an internationally recognized Physical Therapist with 44 years of clinical experience. She graduated from Northwestern University PT and Rosalind Franklin University of Medicine and Science. Susan worked with human patients for the first 30 years of her career in hospitals and her own private practice. In 2008 she made a transition into the veterinary world, working exclusively with non-human animals, after having completed coursework and training in canine rehabilitation. Her current practice is Joycare Onsite, LLC and she provides Physical Therapy to pets in their home, in clinics, animal shelters, farms and zoos, and performs distance consultation with pet owners virtually. She works with dogs, cats, rabbits, birds, farm animals, exotics and wildlife. Susan is a member of the American Physical Therapy Association and International Association for Veterinary Rehabilitation and Physical Therapy. Susan authored and published 2 books: "Physical Therapy and Rehabilitation for Animals: A Guide for the Consumer", and "All Hands on Pet!" and writes a monthly blog, the Pet PT Pit Stop. She developed a manual 3D technique for patellar luxation and was primary author on a published research study on MPL. Susan teaches continuing education courses on PT for Animals. She worked as a credentialed member of the media team of the Westminster Kennel Club Dog Show for several years. She is an engaging, passionate speaker for professional audiences, providing lively, well-structured content. Her inherent love of animals and desire to promote active, healthy living shines clearly through her work and presentations.

STAAR INSTRUCTORS



**Laurie Edge-Hughes, PT,
MAn St, CAFCI, CCRT**
Co-Owner
The Canine Fitness Centre
Calgary, Alberta, Canada

Laurie Edge-Hughes obtained her Bachelor of Science in Physical Therapy from the University of Alberta in 1993 and has since focused her post-graduate training on orthopedics, osteopathy, acupuncture, and animal rehabilitation. Additionally, she completed her Master of Animal Studies in Animal Physiotherapy through the University of Queensland (Australia) in 2006.

Laurie has the honor of having taught the first canine physiotherapy/physical therapy courses in Canada (1999), the USA (1999), and Australia (2001). She has been involved in the Animal Rehab Division since its inception in 1994 and teaches canine physiotherapy and rehabilitation courses for the Animal Rehab Division of the Canadian Physiotherapy Association (CPA). Additionally, she presently holds the position of Past-Chair & Advocacy Lead for the Animal Rehab Division of the CPA. She taught for ten years for the Canine Rehabilitation Institute in the USA, and lecturers internationally as often as able.

Laurie's biggest teaching venture is currently via www.FourLeg.com, an online educational platform for continuing education in canine rehabilitation / physiotherapy. Laurie co-owns and practices out of the Canine Fitness Centre Ltd (www.caninefitness.com) in Calgary, Alberta.



**Amie Hesbach, PT, DPT,
MSPT, CCRP, CCRT**
Owner
EmpowerPhyioPet
Boston, Massachusetts, US

Amie Hesbach is a doctor of physical therapy with over twenty-five years of experience with human patients and over twenty years with small animal patients. She has expertise and experience in the application of manual therapy and facilitation techniques (including PNF and IASTM), corrective functional exercise training, and proprioceptive and neuromuscular retraining in orthopaedic, athletic, and neurologic patients. She has a clinical interest in the application of physical therapy and rehabilitation techniques to maximize the potential for NeuroPlasticity and recovery in her patients.

Dr. Hesbach was educated at the University of Montana (DPT, Physical Therapy), the Medical College of Virginia (MS, Physical Therapy), and Slippery Rock University of Pennsylvania (BS, Biology). She completed a post-graduate NeuroRehabilitation residency in Proprioceptive Neuromuscular Facilitation (PNF) at the Kaiser Foundation Rehabilitation Center in Vallejo, California.

Dr. Hesbach is certified in Canine Rehabilitation through both the University of Tennessee (UT) and the Canine Rehabilitation Institute (CRI). Dr. Hesbach has published and lectured on both human and canine rehabilitation in the United States, Japan, and throughout Europe. She continues to offer webinars and online clinical coaching to pet parents and animal physical therapy and rehabilitation colleagues.

Dr. Hesbach is the past President of the Animal Rehabilitation/Physical Therapy Special Interest Group of the American Physical Therapy Association (APTA). She owns and operates EmpowerPhyioPet, a mobile pet physical therapy and rehabilitation practice near Boston, Massachusetts. In 2022, Dr. Hesbach was honored with the award of IAVRPT Animal Rehabilitation Practitioner of the Year.

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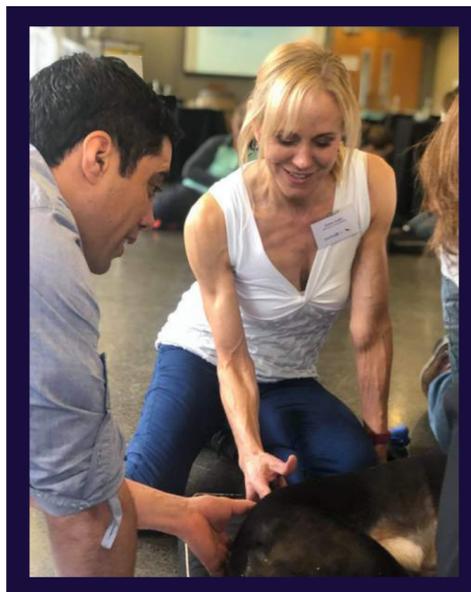
**Jenny Moe, PT, MS, DPT,
CCRT**

Owner, Doggon' Wheels
Owner, Pawesome PT/
Moe Love MFR
VP, APTA APTSIG
San Francisco, California, US

Dr. Jenny is a licensed human physical therapist of 20 years and earned her certification in canine rehabilitation 13 years ago from the Canine Rehabilitation Institute (CRI). In 2009, Dr. Jenny left pediatrics to work in a busy specialty veterinary practice in the San Francisco Bay Area (SAGE Veterinary Centers), where she built up the rehab practice to two locations. She moved on to open a practice (Pawesome PT) in the South Lake Tahoe region in 2018 in Stateline, NV where she stayed until the pandemic led them back to San Francisco in 2020.

Dr. Jenny now focuses on a mobile manual therapy practice and Doggon' Wheels in the San Francisco area. Dr. Jenny is excited to pair her love for assistive devices, senior pets, and creative solutions with the business. She has a passion for educating the veterinary world and the public about the benefits of early use of assistive aids for a wide variety of patients, and undoing the belief that impaired mobility is "the end of the road/last resort".

Dr. Jenny is well-known among her colleagues for her creative treatment approaches and solutions to tailor ideas to individual cases.



**Elena Saltis, BSc, NZPT,
APA, CCRT**

Owner, Director
Animal Physio NZ
Christchurch, New Zealand

Elena Saltis received her undergraduate degree in Physical Therapy at Ohio State University. She started PhysiotherapyNZ Limited, a prominent, successful, multi-clinic human Physio business in the South Island of New Zealand. She went on to obtain her certificate in canine rehabilitation (CCRT) from the Canine Rehabilitation Institute (CRI). After graduating she continued to hone her skills, attending post graduate courses at CRI, further study through the Australian Physiotherapy Association - Special Interest Group, and multiple internships at various facilities. Elena went on to become an instructor for CRI in both the US and Australia, and presented at numerous international conferences.

Elena is passionate about giving back and imparting her therapy skills on animals most in need. She established a rehabilitation clinic in Spain in partnership with the Galgo Rescue sanctuary. She started *Street Tails*, a charity providing veterinary and physical therapy services to the pets of people who are homeless. Also, she developed *Canine NeuroPark Charity Trust*, a private rehabilitation and enrichment park in Christchurch, New Zealand.

STAAR INSTRUCTORS



Dr. Debbie Torraca began her career in human physical therapy (PT) and specialized in orthopedics, sports medicine, and pain management. With a solid foundation in human PT, she has adapted her skills (including her expertise in the Mulligan Technique) to her work with animals. Dr. Torraca is a pioneer in the field of canine physical therapy and is a founder of the University of Tennessee's (UTN) certificate program (CCRP). She also founded and heads the Certified Canine Manual Therapy (CCMT) program at UTN.

Following her undergraduate studies at Boston University, Dr. Torraca received her master's in Physical Therapy from Quinnipiac College and her doctorate in Physical Therapy from UTN-Chattanooga. She transitioned to her work with animals early in her career, and has now been practicing canine rehabilitation for more than 25 years.

Dr. Torraca has authored many chapters in veterinary textbooks and writes for professional journals and magazines dedicated to the dog enthusiast. She is a regular contributor to Clean Run, Dog Sport, Working Dog Digest, Dogs Naturally, and various breed magazines. She has been a speaker and instructor at many veterinary conferences including the International Association of Veterinary Rehabilitation and Physical Therapy (IAVRPT), American College of Veterinary Surgeons (ACVS), North American Veterinary Conference (NAVC), Atlantic Coast Veterinary Conference (ACVC), Western States Veterinary Conference (WSVC), and many state conferences. She sits on the advisory board for Companion Animal Health and has been a key speaker at the American International Medical Laser Association, highlighting her latest research.

Dr. Torraca is a longtime member of American Physical Therapy Association Special Interest Group (APTA-SIG) and has held the office of President. She is also a member of the International Veterinary Academy of Pain Management (IVAPM). She is an active member of the Portuguese Water Dog Club of America, the American Bullmastiff Association, the Clumber Spaniel Club of America, and various other local dog clubs and organizations including the Connecticut Police Canine Unit.

Dr. Torraca's passions in canine physical rehabilitation include pain-free approaches to therapy, manual therapies, and photobiomodulation. She enjoys working with performance and working dogs, and those super seniors.

Debbie (Gross) Torraca,
MSPT, DPT, CCRP, CCMT

Wizard of Paws
Colchester, Connecticut, US

